

# Baby Bird Relay Race



**96%** of terrestrial birds rear their young on insects! A mama Robin was reported to go back and forth from her nest **100 times per day** to feed her baby birds. Baby Robins need two weeks before they can leave the nest. Imagine that daily routine!

Here's a game that's fun, fast and takes a bit of dexterity.

You'll need:

- A "nest" –cup, glass, bowl, or other container
- "Insects" – gummy worms, raisins, nuts, goldfish crackers
- A bird's "beak" – a pair of chopsticks, tweezers, tongs
- A starting line where the stash of "insects" are located on a table
- The bird nest location – on a table about 6 feet away (depending on the age of your participants and whether you're indoors or outdoors)

The object of the game is to deliver as many insects to the nest as you can before the game ends, (at an agreed upon time limit – 2 minutes or more depending upon how many participants).

- With your chopsticks, pick up an "insect", run to the "nest" and drop it in the container, then run back to the starting place and hand off your chopsticks to a team mate, or just continue to pick up insects one by one if it's only two people playing.
- FOR YOUNGER KIDS, OR THOSE UNPRACTICED WITH CHOPSTICKS: Replace your "insects" with a glass of water and use straws, or eyedroppers (even a teaspoon) to pick up water, then run to the nest and fill up another glass.

Whoever has the highest amount of "insects" in the "nest" when time is called, wins.

